

# HEALTH PROGRAMS FOR SALT LAKE COUNTY SCHOOLS

Join the Salt Lake County Health Department in promoting and protecting community and environmental health. We offer various programs for students, employees, and families at no charge!



- Support existing mental health and suicide prevention efforts
- QPR Trainings for employees & school district staff



- Assistance with Safe Routes to School map (K-12)
- Beat the Street Assemblies (K-6) about walking and biking to school or taking the bus safely
- Contests to promote being active for children (K-8)



- Assistance with improving child nutrition, physical activity, and breastfeeding practices in early childcare (preschools, Head Start, and daycares)
- Car seat and booster seat fitting and education
- Free services to make homes lead safe for children



- Assistance with starting a school food pantry
- Support in keeping school's food pantry sustainable
- Education on healthy food drives for families and employees
- Maps to local food pantries



- Funding to start an employee National Diabetes Prevention Program and train instructors
- Assistance advertising and recruiting employees with pre-diabetes to the program
- Provide free incentives for participants



- Tobacco policy implementation assistance
- Train educators on tobacco/vaping prevention for students
- Promote youth programs for cessation, community involvement, and participation in county programs
- Connect funding resources to educators and administrators for tobacco prevention



- Help with policies that promote and support student and employee wellness
- Assistance with starting a wellness program at school or district level