## <u>June</u> 2023 Menu

Lunch served from 11:30 AM—12:15 PM



Suggested Donation: \$4.00

To make a donation online, please visit https://slco.org/aging-adult-services/and click on the green "Donate Today" button

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
Memorial Day Center Closed	Sloppy Joe  Ranch Beans Cabbage & Carrots Fresh Baked Cookie	Spaghetti & Meatballs  Breadstick Brussel Sprouts Hot Spiced Fruit Gelatin w/Whipped Topping	BBQ Pork Rib Patty Sandwich Cauliflower Mixed Vegetables	Beef Fettuccini Bake Mixed Green Salad Mixed Vegetable Blend Applesauce
5	6	7	8	9
Beef & Bean Chili  Cornbread Cheesy Broccoli Pineapple Tidbits	Salisbury Steak (Birthday Meal) Whipped Potatoes w/Brown Gravy Stewed Tomatoes Green Beans Seasonal Fresh Fruit Birthday Cake (Cupcake)	Herb Crusted Pork w/Gravy Confetti Rice Mixed Vegetables Fresh Fruit Gelatin w/Whipped Topping	Breaded Fish  Rice Florentine Glazed Carrots Seasonal Fresh Fruit	Turkey Brunswick Stew Breadstick Broccoli Whole Kernel Corn Fresh Baked Cookie
12	13	14	15	16
Swiss Steak  Whipped Potatoes Peas & Carrots Seasonal Fresh Fruit Fresh Baked Cookie	Vegetarian Southwest Pasta Breadstick Broccoli Hot Cinnamon Applesauce	Chicken Spaghetti  Mixed Green Salad  Mixed Vegetable Blend  Spinach  Chocolate Pudding	Tacos al Pastor  Brown Spanish Rice Black Beans Whole Kernel Corn Seasonal Fresh Fruit	Roast Beef (Father's Day Mea Creamy Potatoes w/Brown Gravy Glazed Carrots Watermelon Frosted Cake
19	20	21	22	23
Juneteenth  Center Closed	Cheeseburger  Ranch Beans  Mixed Fruit	Cheesy Chicken Florentine Bake Mixed Green Salad Mixed Vegetables Hot Cinnamon Applesauce Fresh Baked Cookie	Turkey Spaghetti  Mixed Vegetable Blend Seasonal Fresh Fruit Mixed Fruit (MOW) Gelatin	Pork Roast w/Raisin Sauce (Juneteenth Meal) Sweet Potato Casserol Cornbread Spinach Melon Mix Red Velvet Cake
26	27	28	29	30
Meatball Stew  Breadstick Green Peas Mandarin Oranges & Pineapple	Salisbury Steak  Whipped Potatoes w/Brown Gravy Mixed Vegetable Blend Seasonal Fresh Fruit	Breaded Fish  Delmonico Potatoes  Mixed Vegetables  Fresh Fruit	Pasta Primavera  Seasoned Cabbage Mixed Fruit Orange Gelatin w/Whipped Topping	BBQ Pork Sandwic (Fourth of July Mea Baked Beans Macaroni Salad Confetti Coleslaw Tropical Fruit White Cake w/Berries