

# Chronic Pain Management Webinar Series

**Tuesdays at 2 PM**



Aug 9— Mindfulness Practice for Pain Management

Anna Smyth

Mindfulness Utah



Aug 16—The Pros & Cons of Opioid Use

Jeanette Bean, Pharmacist

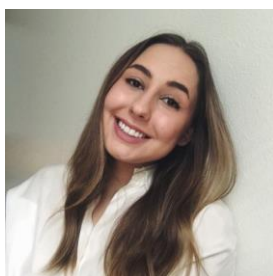
St Mark's Hospital



Aug 23—Living Well with Chronic Pain Self-Management

Erika Thompson, Health Educator

Salt Lake County Aging & Adult Services



Aug 30—Naloxone Training to Prevent Overdose

Alyssa Burnham

Salt Lake County Health Dept

Join us via Webex with this link:

<https://slco.webex.com/meet/healthy>

Or call 385-468-3083 to register

